



BEGINNER'S GUIDE TO USING BINOCULARS

- Please wear the neck strap to keep the binoculars from falling.
- Adjust the central hinge until the eyepieces match the distance between your eyes and you only see a single image.
- Pick an object. Cover the lens that has the diopter (the ring at the base of the eyepiece). Looking through the other lens with one eye, adjust the central focus wheel until the image is sharp.
- Next, cover the eyepiece you just looked through. Look through the other eyepiece and use the diopter at the base to get a sharp focus.
- Look through the binoculars with both eyes; the image should be perfectly sharp. Adjust the central focus wheel to get a sharp image at different distances.
- To find a bird, look for movement with your naked eyes. Once you spot the bird, keep your eyes on it while raising the binoculars. Use the central focus to bring the bird into focus.

BIRDING ETIQUETTE

Keep your distance. Be especially cautious not to disturb birds near their nests.

Never chase or agitate any bird.

Never flush birds to take flight.

Keep it quiet.

Keep your phone silent.

Keep pets at home or on a leash.

Stay on designated trails; do not trample vegetation.

Please do NOT use “pishing” or bird sound recordings as this may stress birds and leave their nests vulnerable to predators.



BIRDING RESOURCES

The Lane County Audubon Society offers free monthly bird walks. You are welcome to join us—get help finding and identifying birds and learn about good places to go birding. We have some binoculars to loan you during the field trip. Check out our website or Facebook page for details each month.



There are many resources on our website <https://laneaudubon.org/>



including *Tips for beginning birding*:



Check out the free MERLIN Bird ID app from Cornell Labs. <https://merlin.allaboutbirds.org/>



Check out the EBIRD app to find and share bird sightings. Tutorials here <https://ebird.org/home>



and check out our ebird tools webinar in 2022 at <https://laneaudubon.org/program-meetings/>



Birds of Lane County checklist: <https://laneaudubon.org/birds-of-lane-county-checklist-2017/>



Birding sites around Eugene: <http://www.thefarleys.us/BirdingEugene/Welcome.html>