



# LANE COUNTY AUDUBON SOCIETY

AN OREGON CHAPTER OF THE NATIONAL AUDUBON SOCIETY

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## Help Stop Global Warming: Things We Can Do

### At Home

1. Use compact fluorescent bulbs.
2. Turn off lights and computers when not in use.
3. Unplug appliances (like TVs) that hibernate when turned off.
4. Use your dishwasher and washing machine only when full.
5. Hang your clothes to dry
6. Adjust your thermostat (down 2 degrees in winter and up 2 degrees in summer)
7. In the market for a new appliance? - Buy energy efficient ones.
8. Buy local products. Choose foods that are local, organic, and low on the food chain.
9. Buy minimally packaged goods- reduce, reuse, recycle.

### On the Move

1. Walk, bike, carpool, and use public transit when possible.
2. Inflate your tires and change your air filter.
3. Don't idle in your car.
4. Fly less.
5. In the market for a new vehicle? - Buy a hybrid or other fuel efficient vehicle.

### Education, Legislation, and Support

1. Be informed. Spread the word.
2. Go carbon neutral- explore carbon offsets.
3. Support legislation to address energy-efficiency and efforts to slow global warming. Let your legislators know we expect them to take action on this urgent issue.
4. Help keep our forests and oceans healthy and intact- they sequester carbon.
5. Support and encourage research and development of green building, green energy, and other green technology. Don't buy into the myth that it is too expensive. In the long run, this development will create jobs and an economic boon as well as be good for the planet.